

HOW TO USE MISOPROSTOL FOR A SELF-ABORTION BEFORE 12 WEEKS OF PREGNANCY



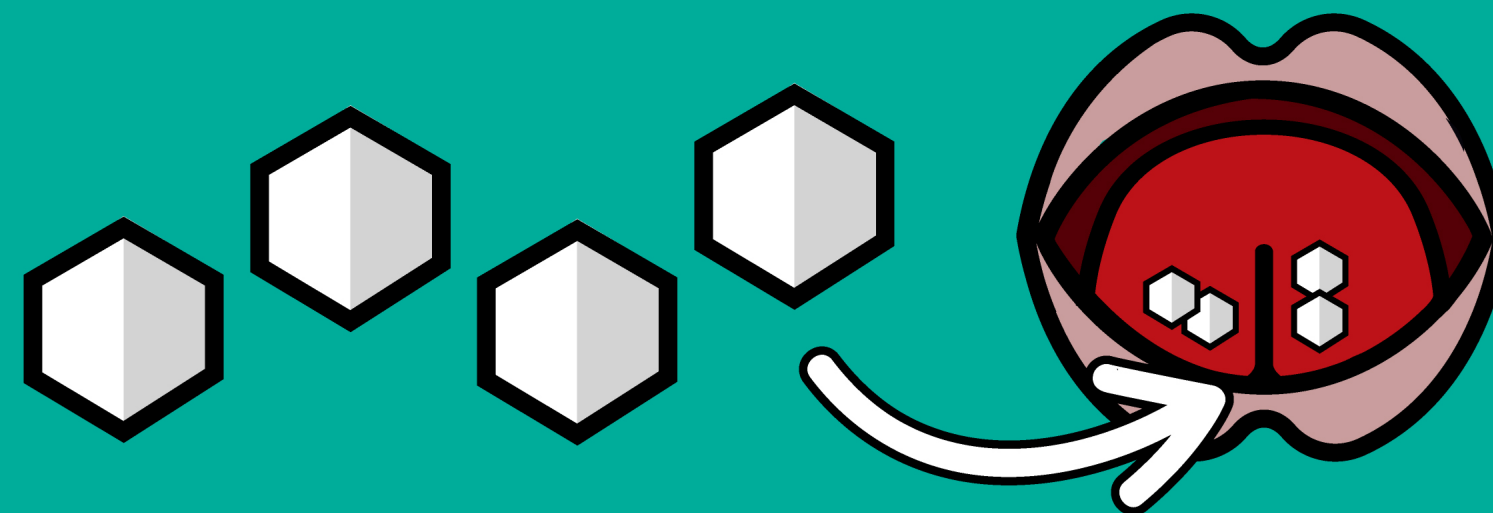
1



1 hour before (recommended for pain):
2 pills of 400mg of Ibuprofen

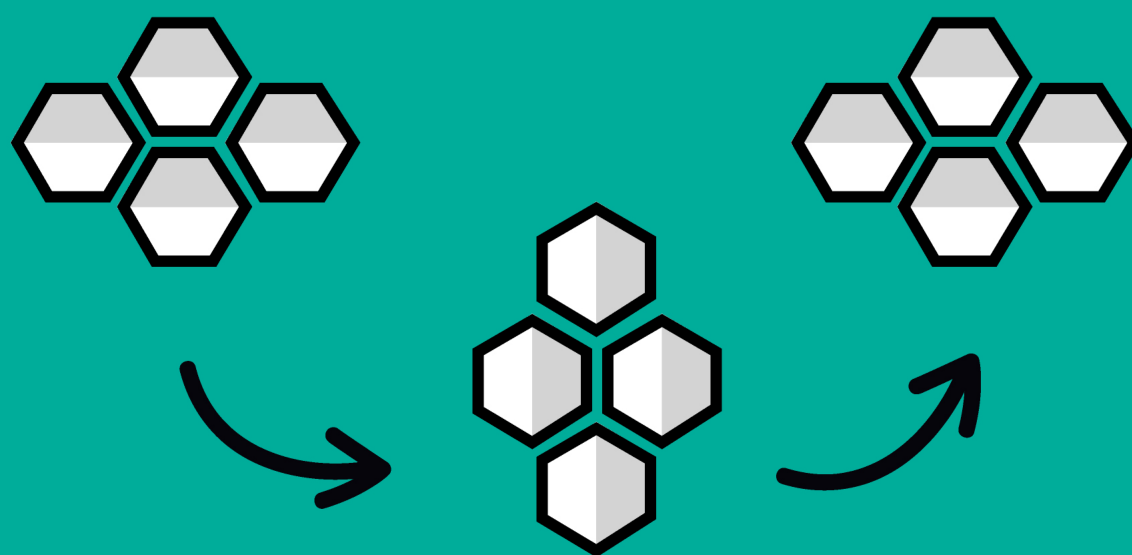
2

**4 tablets of 200mcg
of Misoprostol**



Under the tongue
Dissolution in 30mn

3



**Every 3 hours until expulsion
Maximum 3 doses**

To increase the chances of a complete abortion, it is recommended that you take a second dose of misoprostol, even if you have already started bleeding or if something has been expelled after the first dose, especially if the pregnancy is less than 9 weeks.



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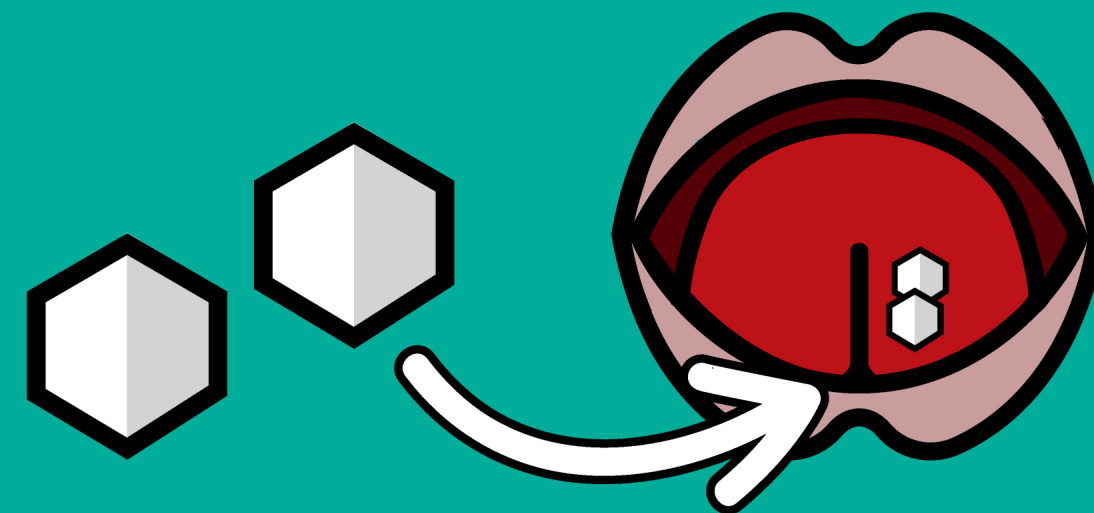
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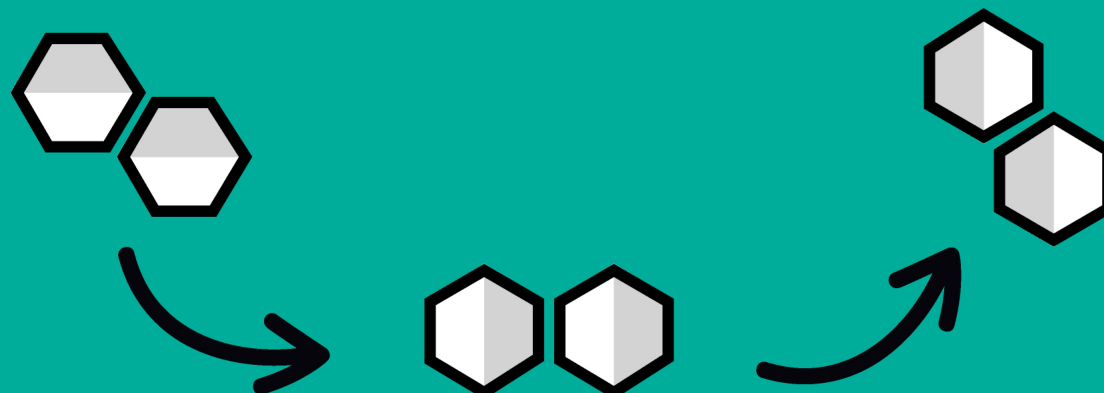
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HOW TO USE MIFEPRISTONE AND MISOPROSTOL FOR A SELF-ABORTION BEFORE 12 WEEKS OF PREGNANCY

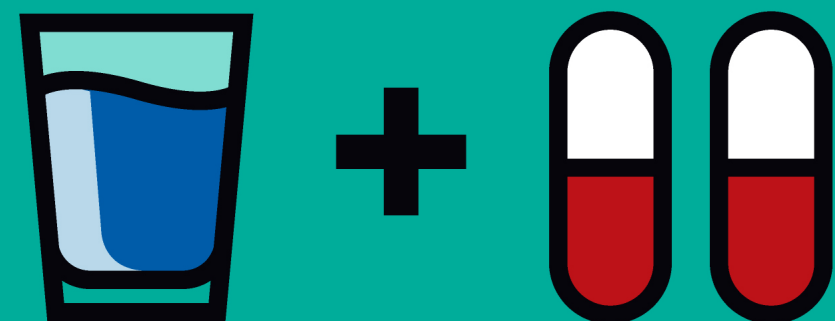


1



1 tablet of mifepristone (200mg)
⌚ and wait for 24 to 48 hours

2

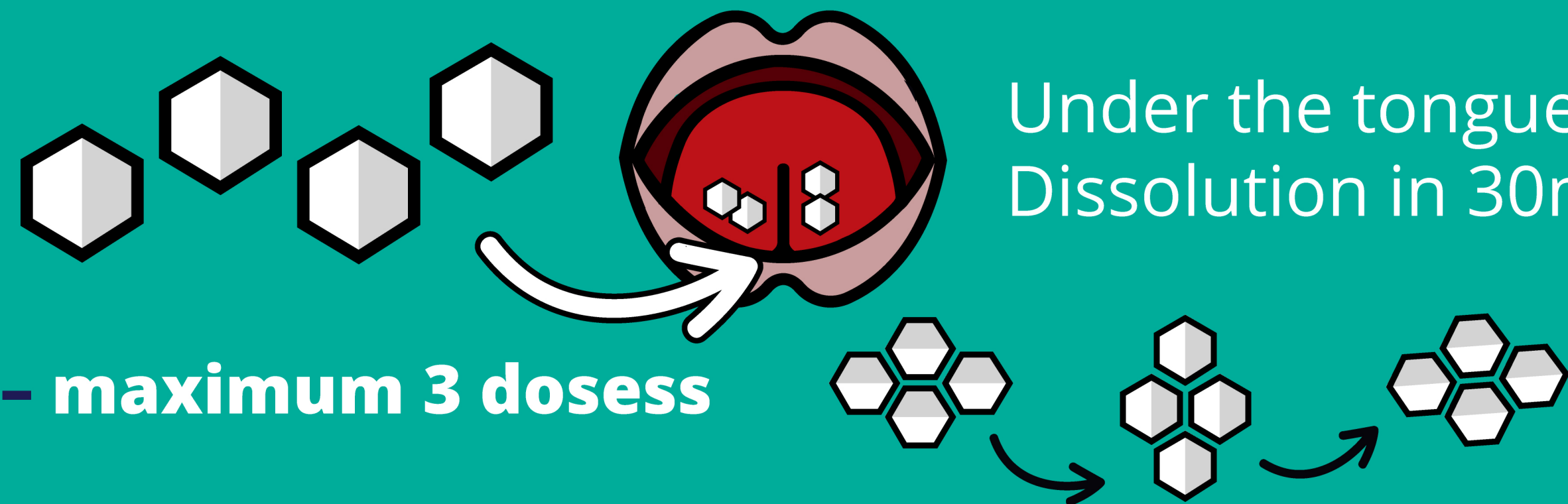


2 pills of 400mg of Ibuprofen
(recommended for pain)

One hour after:

3

4 tablets of 200mcg of Misoprostol



Every 3 hours until expulsion – maximum 3 doses

To increase the chances of a complete abortion, it is recommended that you take a second dose of misoprostol, even if you have already started bleeding or if something has been expelled after the first dose, especially if the pregnancy is less than 9 weeks.



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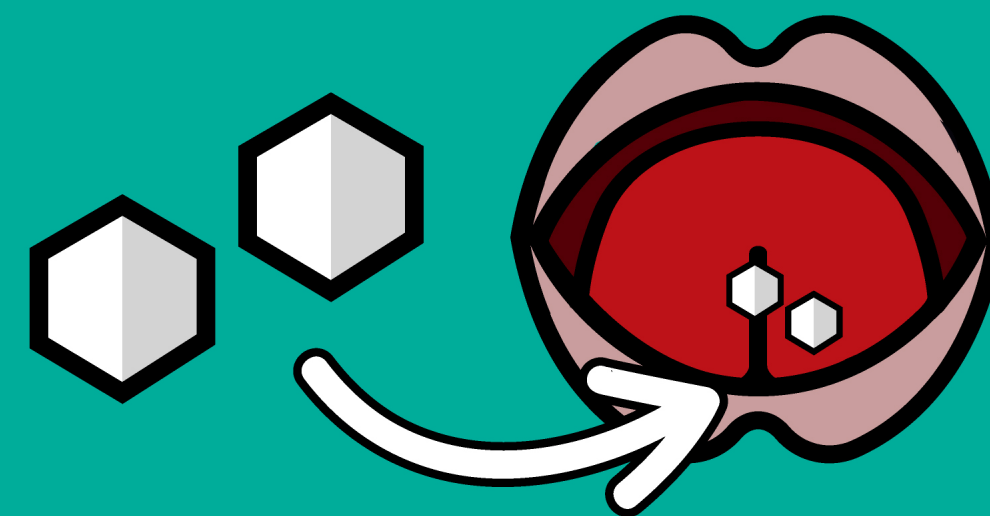


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Under the tongue
Dissolution in 30mn

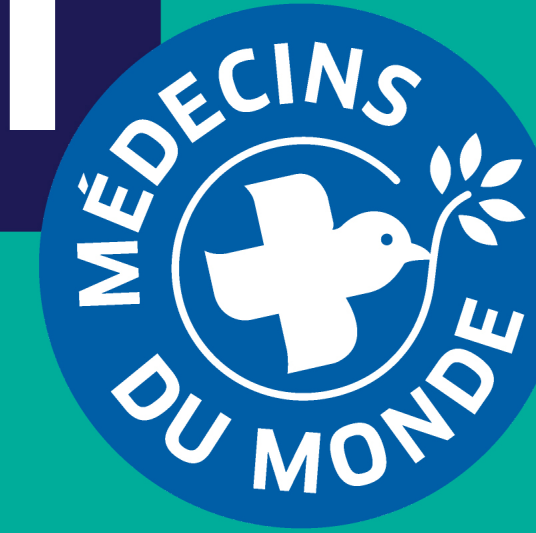
Every 3 hours until expulsion – maximum 3 doses



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WARNING SIGNS AND HOW TO REACT



GO TO THE NEAREST HEALTH CENTER OR HOSPITAL IF:

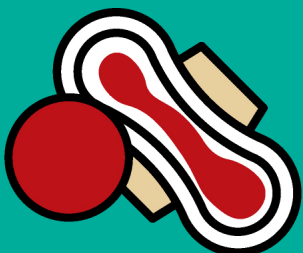


Heavy vaginal bleeding

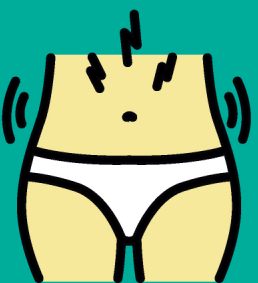
- bleeding that soaks two sanitary pads or cloth pads for normal periods in one hour, and if it repeats in the following hour
- bleeding accompanied by dizziness or lightheadedness



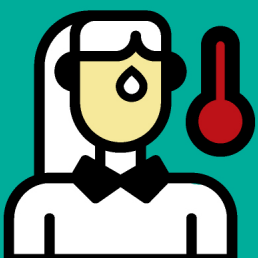
Greenish or yellowish foul-smelling discharge from the vagina



Blood clots larger than an orange



Intense and persistent abdominal pain that worsens despite taking painkillers



A fever above 38°C that begins within 24 hours of taking misoprostol

If you do not wish to say that you have taken medication to terminate a pregnancy, you can simply say that you are bleeding. Medical staff cannot tell the difference between a natural miscarriage and a medical abortion.